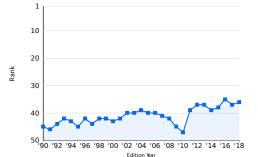
#### AMERICA'S HEALTH RANKINGS" UNITED HEALTH FOUNDATION

# Nevada

Nevada

OVERALL RANK: 36 DETERMINANTS RANK: 39 OUTCOMES RANK: 29



Rank Based On: Weighted sum of the number of standard deviations each core measure is from the national average.

Nevada

#### STRENGTHS

• Low prevalence of obesity

CHANGE: A 1

- · Low infant mortality rate
- Low incidence of pertussis

## CHALLENGES

- Low percentage of high school graduation
- Low rate of primary care physicians
- Low per capita public health funding

## HIGHLIGHTS

- In the past five years, high school graduation increased 19% from 62.0% to 73.6% of students
- In the past five years, children in poverty decreased 23% from 24.0% to 18.5% of children aged 0 to 17
- In the past five years, chlamydia increased 30% from 389.1 to 506.7 cases per 100,000 population
- In the past year, mental health providers increased 6% from 190.7 to 202.9 per 100,000 population
- In the past three years, low birthweight increased 6% from 8.0% to 8.5% of live births
- In the past four years, premature death increased 8% from 7297 to 7899 years lost before age 75 per 100,000 population

#### WEBSITE: dhhs.nv.gov/

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#### **2018 ANNUAL REPORT**

Nevada



easure	Rating	2018 Value	2018 Rank
BEHAVIOR			
Drug Deaths (Deaths per 100,000 population		21.0	36
Excessive Drinking (Percentage of adults		19.3%	29
High School Graduation (Percentage of students	•) +	73.6%	49
Obesity (Percentage of adults	•) •••••	26.7%	8
Physical Inactivity (Percentage of adults	•) ++	28.0%	33
Smoking (Percentage of adults	•) ++	17.6%	32
Behaviors * (All Behaviors Measures		-0.082	36
COMMUNITY & ENVIRONMEN Air Pollution (Micrograms of fine particles per cubic mete		8.8	45
Children in Poverty (Percentage of children aged 0 to 1	') <b>+++</b>	18.5%	30
Infectious Disease * (Mean z score of chlamydia, pertussis and Salmonella	) +++++	-0.620	7
Chlamydia (Cases per 100,000 population		506.7	32
Pertussis (Cases per 100,000 population		1.2	2
Salmonella (Cases per 100,000 population		6.8	1
Occupational Fatalities (Deaths per 100,000 workers		4.9	29
Violent Crime (Offenses per 100,000 population		556	46
Community & Environment * (All Community & Environment Measures		-0.045	36
POLIC	-	0.040	
Immunizations - Adolescents * (Mean z score of HPV, meningococcal and Tdap		-0.795	43
HPV Immunization Females (Percentage of females aged 13 to 17	) +++	52.9%	27
HPV Immunization Males (Percentage of males aged 13 to 1	) +++	45.3%	28
Meningococcal Immunizations (Percentage of adolescents aged 13 to 1	) ++	77.3%	40
Tdap Immunizations (Percentage of adolescents aged 13 to 1	') <b>+</b>	82.5%	46
Immunizations - Children (Percentage of children aged 19 to 35 months	.) ++++	71.3%	20
Public Health Funding (Dollars per persor	) +	\$43	50
Uninsured (Percentage of population	) +	11.3%	43
Policy * (All Policy measures	) +	-0.081	46
CLINICAL CAR			
Dentists (Number per 100,000 population	) ++	53.1	32
Low Birthweight (Percentage of live birthe	•) +++	8.5%	30
Mental Health Providers (Number per 100,000 population	) ++	202.9	31
Preventable Hospitalizations (Discharges per 1,000 Medicare enrollees	•) ••••	42.2	14
Primary Care Physicians (Number per 100,000 population	) +	107.6	48
Clinical Care * (All Clinical Care measures	) ++	-0.059	36
ALL DETERMINANT All Determinants* (All Determinants		-0.267	39
OUTCOME	-		
Cancer Deaths (Deaths per 100,000 population	) +++	190.1	22
Cardiovascular Deaths (Deaths per 100,000 population	) +	294.2	41
Diabetes (Percentage of adults	.) ++++	10.4%	19
Disparity in Health Status (Percentage point difference	e) +++++	23.8%	10
Frequent Mental Distress (Percentage of adults	.) ++++	11.7%	20
Frequent Physical Distress (Percentage of adults	.) +++	13.0%	30
Infant Mortality (Deaths per 1,000 live births	.) ++++	5.5	17
Premature Death (Years lost before age 75 per 100,000 population	) +++	7,899	30
All Outcomes * (All Outcomes Measures	) +++	0.000	29
NG RANK OVERAL			

+++ 21 - 30 ++ 31 - 40 + 41 - 50

\* Value indicates z score. Negative scores are below US value; positive scores are above US value. For complete definitions of measures including data sources and years, see "Appendix: Core Measures Table".

• Data Unavailable

## SUPPLEMENTAL MEASURES

Measure		Rating	2018 Value	2018 Rank
	Adverse Childhood Experiences (Percent of children aged 0 to 17 with 2+ ACEs)	++	25.0%	35
	Binge Drinking (Percentage of adults)	+++	17.9%	30
	Cholesterol Check (Percentage of adults)	++	84.8%	32
	Chronic Drinking (Percentage of adults)	+++	6.2%	23

## **2018 ANNUAL REPORT**



AMERICA'S HEALTH RANKINGS UNITED HEALTH FOUNDATION	Nevada		20	018 ANNUAL REPORT
	Dedicated Health Care Provider (Percentage of adults)	+	66.2%	50
	Dental Visit, Annual (Percentage of adults)	+	60.4%	42
Discon	nected Youth (Percentage of teens and young adults aged 16 to 24)	+	14.3%	41
	Fruits (Mean number of fruits per day)	+	1.3	42
	Heart Attack (Percentage of adults)	++	4.8%	33
	Heart Disease (Percentage of adults)	++	4.3%	32
	High Blood Pressure (Percentage of adults)	+++	32.6%	29
	High Cholesterol (Percentage of adults)	+++	33.1%	27
	High Health Status (Percentage of adults)	+	44.1%	43
	Income Inequality - Gini Index (Gini Ratio)	+++	0.461	22
	Injury Deaths (Deaths per 100,000 population)	+++	75.4	27
	Insufficient Sleep (Percentage of adults)	+	37.6%	42
	Median Household Income (Dollars per household)	++	\$56,550	37
	Neighborhood Amenities (Percentage of children aged 0 to 17)	****	39.9%	14
	Poor Mental Health Days (Mean number of days)	*****	3.5	7
	Poor Physical Health Days (Mean number of days)	***	4.1	28
	Seat Belt Use (Percentage of adults)	****	90.5%	13
	Severe Housing Problems (Percentage of occupied housing units)	+	20.5%	44
	Six+ Teeth Extractions (Percentage of adults aged 45 to 64)	++	22.3%	36
	Stroke (Percentage of adults)	***	3.0%	24
	Suicide (Deaths per 100,000 population)	+	22.2	46
	Underemployment Rate (Percentage of civilian workforce)	+	10.8%	48
	Unemployment Rate, Annual (Percentage of civilian workforce)	+	5.0%	43
	Vegetables (Mean number of vegetables per day)	+	1.8	45
RATING RANK	Voter Registration (Percentage of citizens registered to vote)	**	69.4%	34
+++++ 1 - 10	Water Fluoridation (Percentage of population served)	***	73.7%	28
++++ 11 - 20 +++ 21 - 30 ++ 31 - 40 + 41 - 50 • Data Unav	ailable			

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1: HAWAII

2: MASSACHUSETTS

3: CONNECTICUT

4: VERMONT

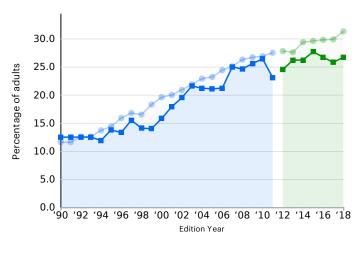
5: UTAH

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NV Value

#### Obesity

america's

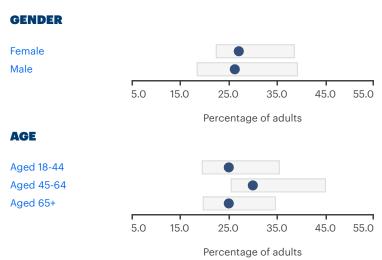


Percentage of adults with a body mass index of 30.0 or higher based on reported height and weight (pre-2011 BRFSS methodology)

Percentage of adults with a body mass index of 30.0 or higher based on reported height and weight

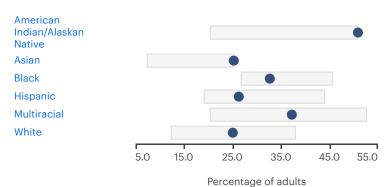


Obesity now affects nearly one in three adults in the United States. It is a leading cause of preventable life-years lost and contributes to chronic illness such as heart disease, type 2 diabetes, stroke, cancer and hypertension. Contributing factors include poor diet, physical inactivity, social and physical environment, genetics and medical history. Populations that experience a higher prevalence of obesity include non-Hispanic black and Hispanic adults compared with white and Asian adults, and adults living in nonmetropolitan counties compared with adults living in metropolitan counties. Compared with healthy weight adults, individuals with obesity spend on average \$3,429 more per person annually on medical care.



Range of Values for all States

# **RACE/ETHNICITY**





Rural Suburban Urban



Less than High School **High School Grad** Some College College Grad 5.0 15.0

5.0

15.0



25.0 35.0 45.0 55.0

25.0

35.0

Percentage of adults

45.0

55.0

Percentage of adults aged 25+

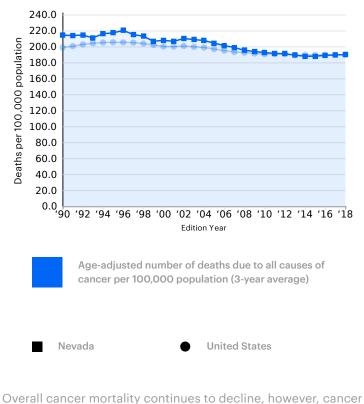
Less Than \$25,000 \$25-\$49,999 \$50-\$74.999 \$75.000 or More 35.0 45.0 5.0 15.0 25.0 55.0



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#### **Cancer Deaths**



Nevada

Overall cancer mortality continues to decline, however, cancer remains the second-leading cause of death. It is estimated that in 2018 there will be more than 1.7 million new cases of cancer and 609,000 people will die as a result. Lung cancer accounts for the majority of cancer deaths among men (26 percent) and women (25 percent). Smoking is responsible for 32 percent of cancer deaths – avoiding tobacco use is the best way to reduce cancer deaths. Deaths from breast cancer, colorectal cancer and cervical cancer may be avoided through screening programs that detect cancer in early stages while it is most susceptible to treatment. Health care costs associated with cancer totaled \$80.2 billion in 2015. Range of Values for all States NV Value

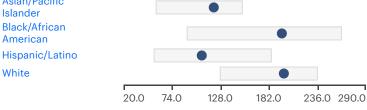
GENDER

Female
Male

Quoting 74.0 128.0 182.0 236.0 290.0
Deaths per 100,000 population

RACE/ETHNICITY

American
Indian/Alaska Native
Asian/Pacific



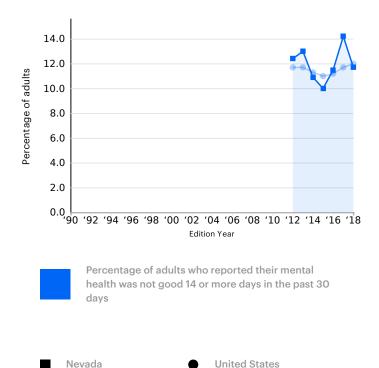
Deaths per 100,000 population

Data suppression rules are as defined by the original source. Race and ethnicity populations are as defined by the original source.

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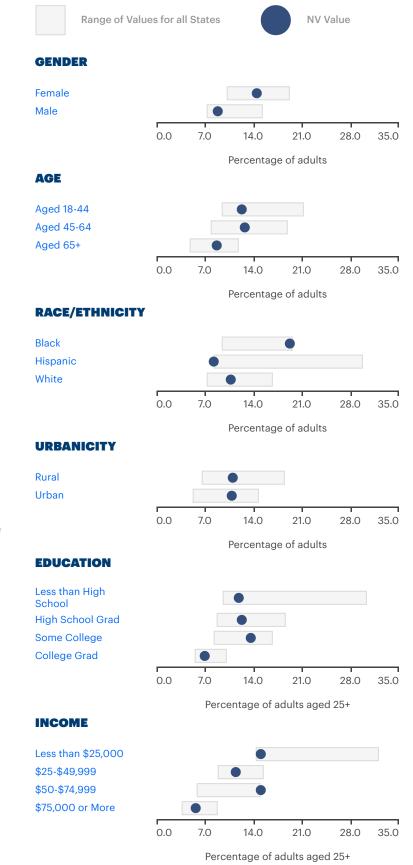


#### **Frequent Mental Distress**



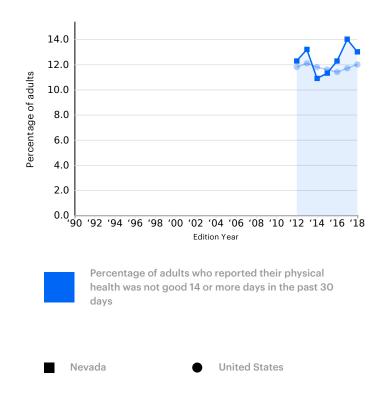
Nevada

Frequent mental distress is a measure of perceived poor mental health and represents the percentage of the population experiencing persistent and likely severe mental health issues. A healthy mental state is essential to overall positive health and well-being. In some cases, poor mental health can lead to suicide, the 10th-leading cause of death in the United States. Although occasional short periods of mental distress may be unavoidable, more prolonged and serious episodes are treatable and preventable through early intervention. Direct medical spending associated with mental disorders (including anxiety, depression and dementia) in the U.S. reached \$201 billion in 2013.



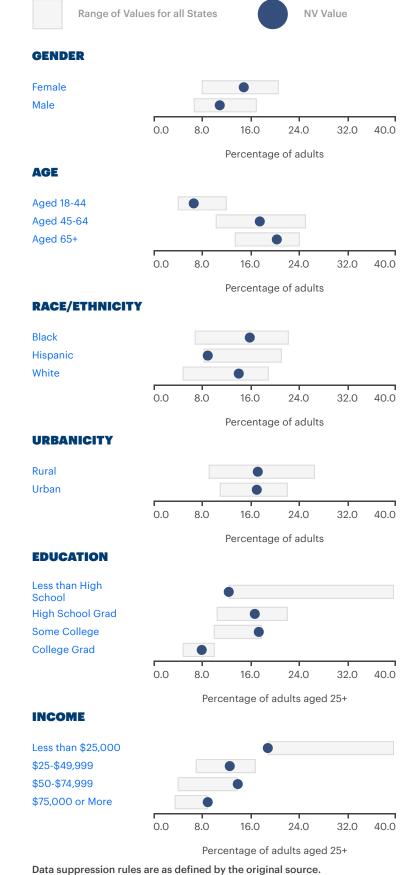
Data suppression rules are as defined by the original source. Race and ethnicity populations are as defined by the original source.

# **Frequent Physical Distress**



Nevada

Frequent physical distress is a measure of perceived poor physical health and represents the percentage of the population experiencing persistent and likely severe physical health problems. Those who report frequent poor physical health days are at higher risk of mortality, increased health care use and lower health-related quality of life. Frequent physical distress is more common in women than in men, and among adults with a greater number of chronic illnesses, such as heart attack, angina and stroke.

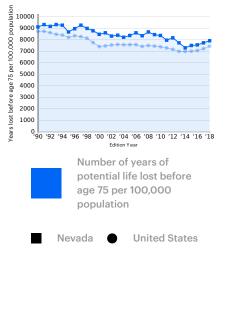


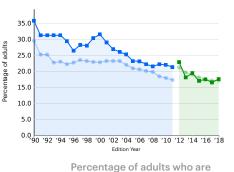
Race and ethnicity populations are as defined by the original source.

# Nevada

# **Trend: Premature Death, Nevada,**

#### **United States**





Trend: Smoking, Nevada, United States Trend: Air Pollution, Nevada, United

States

Micrograms of fine particles per cubic meter

14.0

12.0

10.0

8.0

6.0

4.0

2.0

Nevada

smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days) (pre-2011 BRFSS methodology)



Nevada

Percentage of adults who are smokers (reported smoking at least 100 cigarettes in their lifetime and currently smoke every or some days)

**United States** 

0.0 90 '92 '94 '96 '98 '00 '02 '04 '06 '08 '10 '12 '14 '16 '18 Edition Year Average exposure of the general public to particulate matter of 2.5 microns (PM2.5)

or less in size (3-year average)

**United States** 

#### **Trend: Cardiovascular Deaths, Nevada, United States**

